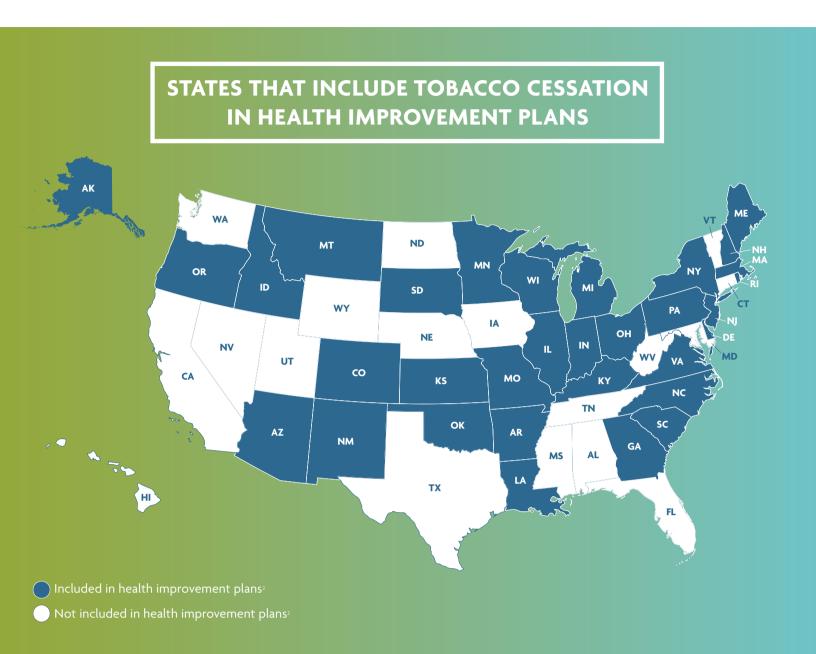
## **SMOKING CESSATION: A STATE PERSPECTIVE**

Tobacco use remains the leading cause of preventable disease, disability, and death in the United States, and the majority of adults who smoke say they want to guit. In Jan. 2020, the United States Surgeon General released a report on smoking cessation. Below is a summary of the report's findings as well as examples of cessation work already taking place in states, including which states feature smoking cessation in health improvement plans, current cessation programs in Medicaid and workplace wellness initiatives, and proven policy actions states can take to encourage people to quit smoking.



## **ADULTS WANT TO QUIT SMOKING**



Of adults who smoke say they want to quit.1

**78%** 

Of state health agencies provide insurance coverage for tobacco cessation programs as part of worksite wellness initiatives.3 29%

Territorial health agencies provide insurance coverage for tobacco cessation programs as a part of worksite wellness initiatives.3

29%

Of state Medicaid programs cover all nine tobacco cessation treatments.3



Fewer than 1-in-3 adults who try to quit smoking use proven cessation methods.1

State Medicaid programs cover tobacco cessation counseling.3



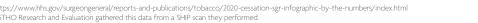
3-in-5 adults who ever smoked have quit.1

## **HOW STATES ARE TAKING ACTION**<sup>4</sup>

Integrating cessation interventions into routine healthcare visits.

Increasing treatment access through comprehensive insurance coverage.

Encouraging people to quit smoking (e.g., implementing smoke-free policies).



https://www.hhs.gov/surgeongeneral/reports-and-publications/tobacco/2020-cessation-sgr-infographic-by-the-numbers/index.html

\*ASTHO Research and Evaluation gathered this data from a SHIP scan they performed.

\*DiGiulio A, Jump Z, Babb S, et al. State Medicaid Coverage for Tobacco Cessation Treatments and Barriers to Accessing Treatments — United States, 2008–2018.

\*MMWR Morb Mortal Wkly Rep 2020;69:155–160. DOI: http://dx.doi.org/10.15585/mmwr.mm6906a2



https://www.hhs.gov/sites/default/files/2020-cessation-sgr-infographic-by-the-numbers.pdf